

Substitute Abstract-Clean Version

**IX. ABSTRACT**

A method of forming a sheet and sheet formed thereby: forming, from a singular sheet, at least two of a carrier waybill area, a packing list area, and a customizable component area: If one of the at least two areas includes the carrier waybill area, printing a carrier waybill on the carrier waybill area; if one of the at least two areas includes the packing list area, printing a packing list on the packing list area; and if one of the at least two areas includes the customizable area, printing a customizable component on the customizable component area.

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**II. In the Abstract**

Delete the present abstract and replace it as follows. A Substitute Abstract showing the changes and a clean Abstract are enclosed.

A method of forming a sheet and sheet formed thereby: Forming, from a singular sheet, at least two of a carrier waybill area, a packing list area, and a customizable component area: If one of the at least two areas includes the carrier waybill area, printing a carrier waybill on the carrier waybill area; if one of the at least two areas includes the packing list area, printing a packing list on the packing list area; and if one of the at least two areas includes the customizable area, printing a customizable component on the customizable component area.

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